



FLOW

RESIDENCES

FLOW

RESIDENCES

Discover the Hidden Paradise

Step into a world where luxury meets serenity — Main Realty proudly unveils an exclusive sanctuary on Dubai Islands, where every day unfolds like a private escape aboard a five-star cruise. Infused with the sun-soaked soul of Miami and the iconic brilliance of Dubai, this architectural marvel is a celebration of sophisticated coastal living.

A lifestyle designed to mirror paradise with immersive experiences, refined interiors, and amenities that rival the world's finest resorts.

This is not just a home. It's a legacy of leisure, prestige, and timeless moments.

WELCOME TO THE FUSION OF MIAMI'S COASTAL
CHARM AND DUBAI'S ICONIC BRILLIANCE.

MIAMI *Vibes* MEETS DUBAI *Bling*



Discover the epitome of luxury living in Miami, where every day feels like a dreamy vacation. Renowned for its opulent charm and serene ambience, Miami offers a lifestyle that embodies the essence of relaxation. From the soothing rhythm of the waves to the vibrant energy of the city, immerse yourself in a world where luxury meets tranquility. Experience the allure of Miami living and indulge in the ultimate escape, where every moment is a celebration.

AN ARCHITECTURAL MARVEL BLENDING
Miami's electric energy and Dubai's opulent glamour





LIVE BY THE SEA *Dubai Islands*

Dubai Islands is an innovative development shaped by the goals of the Dubai 2040 Urban Master Plan. It aims to build well-connected, eco-conscious communities that support a high quality of life. With a focus on improving accessibility, encouraging tourism, and driving economic progress, the project reflects Dubai's commitment to sustainable urban growth and environmental responsibility.

KEY AMENITIES

BEACHES & PARKS: 21 kms of Pristine Beaches, parks and open spaces.

GOLF COURSES: 2 premium golf courses with stunning views of the Arabian Gulf.

RETAIL & DINING: Home to Dubai Islands Mall and Souk Al Marfa, a modern indoor Arabian bazaar featuring shops and waterfront restaurants.

HOSPITALITY: Approximately 87 Luxury hotels and resorts.

ENTERTAINMENT & WELLNESS: Entertainment hubs, theme parks and more.

MARINAS & WATER ACTIVITIES: 9 Marinas for yacht owners and water sports activities.

FIVE UNIQUELY THEMED ISLANDS



ISLAND A

Mixed-use communities with malls and marinas



ISLAND B

Resort-style, peaceful neighborhoods



ISLAND C

Wellness and family retreats



ISLAND D

Sports and active living



ISLAND E

Luxury beachfront villas

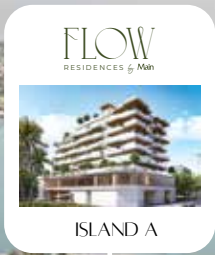
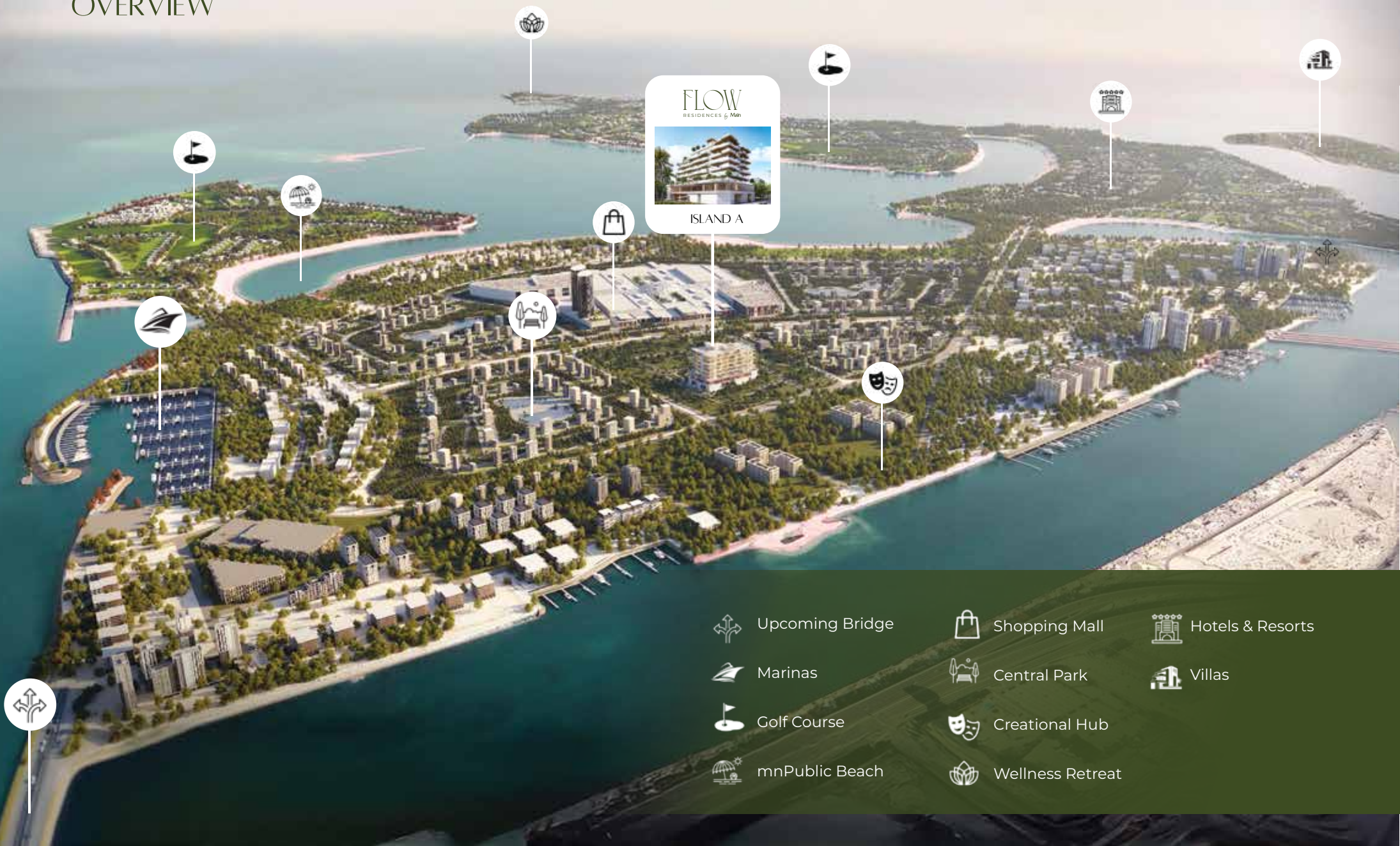
ISLAND A

Beach Front, Hotels and Resorts, Marina Hotels & Apartments, Mall, Urban Island Residential, Waterfront Residential Beach, Promenade, Community Park, Destination, Art & Cultural District.



Location

OVERVIEW



Upcoming Bridge



Marinas



Golf Course



mnPublic Beach



Shopping Mall



Central Park



Creation Hub



Wellness Retreat

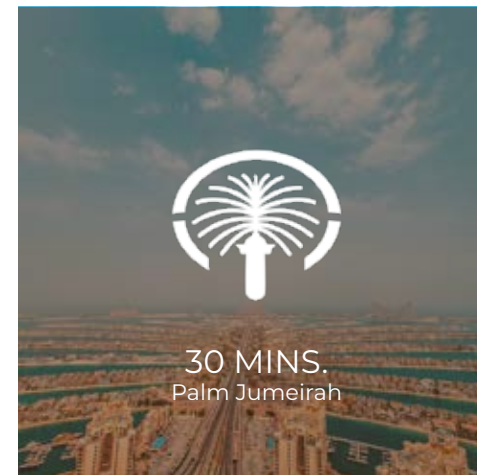
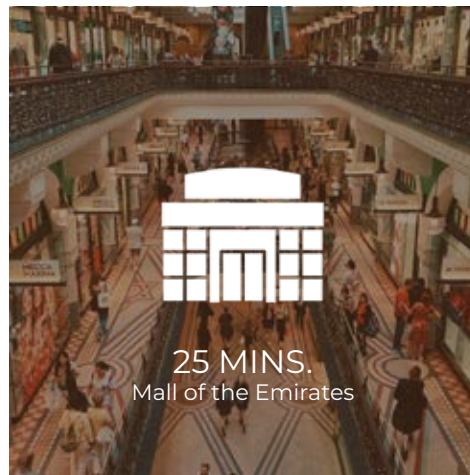
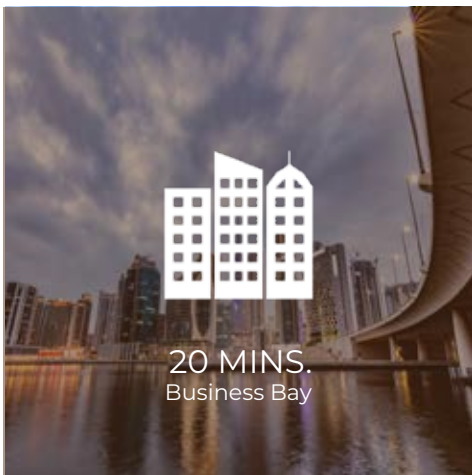
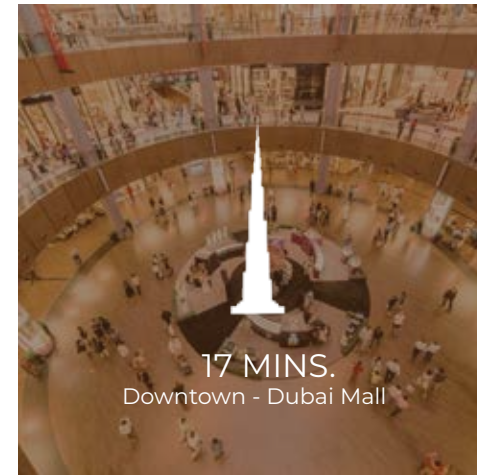
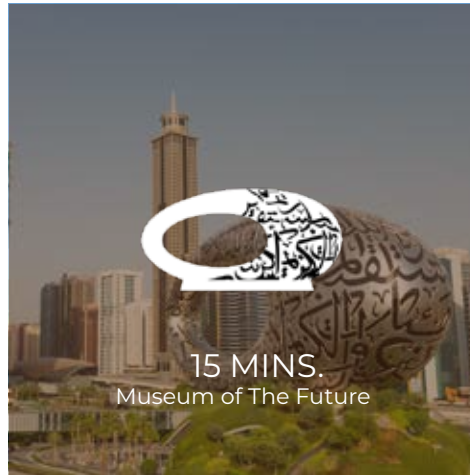
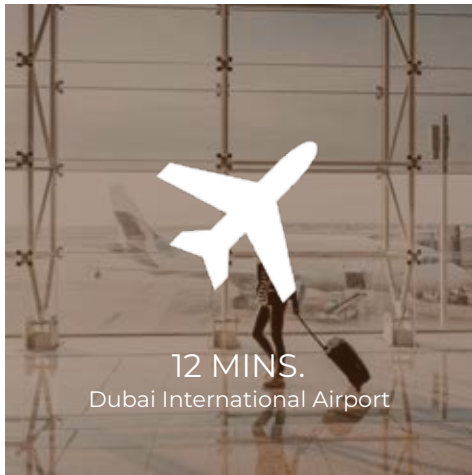


Hotels & Resorts



Villas

Driving DISTANCE





MIAMI VIBES MEETS DUBAI BLING

Main Realty has established itself as a premier real estate developer in Miami, specializing in high-end property development across sought-after locations such as Miramar, Windmill Ranch Road, Weston, Pembroke (Florida), and more. Our expertise in delivering exceptional residential apartments has made us a trusted name in the U.S. real estate market.

Now, Main Realty has expanded to Dubai, bringing its signature craftsmanship, innovation, and superior quality to one of the world's most dynamic real estate markets. Our goal is to compete with top-tier developers while introducing a distinctive blend of American design excellence and Dubai's luxury lifestyle. At Main Realty, we believe that a home is more than just a structure—it is a lifestyle, an experience, and a reflection of individuality. Our projects are meticulously designed with modern elegance, premium finishes, and world-class infrastructure, ensuring that every residence is a true masterpiece.

What sets us apart is our commitment to excellence—from selecting prime locations for both living and investment to crafting spaces that feel like home from the moment you step in. We create not just houses, but exceptional living environments where families can thrive and investors can achieve long-term value.

Amir Siddiq
CEO / FOUNDER



Timeline

A JOURNEY THROUGH OUR COMPANY'S EVOLUTION

2003

Inception: Founding the Main Group of Companies

The Main Group of Companies was founded with the establishment of Exit Metroquest Realty, a US-based real estate brokerage house.

Miami, USA

2004–2006

Real Estate Developer Services

The Main Group of Companies achieves significant milestones with its expansion into Pembroke Falls Sales Center along with the successful ventures in building Luxury homes in Long Lake Ranches and Isles of Weston located in Broward County, FL.

Miami, USA

2007–2013

Recognition Achievement

Exit Metroquest Realty REO Bank Owned Property Services gained national recognition by ranking number 47 on the Real Trends & Wall Street Top 250 Real Estate Professionals list.

Miami, USA

2014–2015

Global Ventures

The Main Group of Companies launches Virtual Processing Center (VPC) in the Dominican Republic, marking its international expansion, while in 2014, it establishes Rapid Construction, enhancing its construction capabilities as a Licensed General Contractor in Florida.

Miami, USA

2016–2019

Main Group Expansion

Diversifies its ventures, introducing Mainland Logistics in the US and Mainland Express in the UAE. Successfully launches Mainland Real Estate Brokers in the UAE, following its achievements in the US market.

Dubai, UAE

2023

Main Realty's UAE Expansion

Main Realty fully operationalizes its presence in the UAE as an extension of its US operations, marking a significant milestone. The company also embarks on its inaugural project in the UAE with the launch of Primero Residences by Main.

Dubai, UAE

2024

Primero Residences

Main Realty has launched its first project in Dubai — Primero Residences a signature development that embodies the fusion of Miami's vibrant lifestyle and Dubai's modern elegance. Featuring 84 premium units and 12 world-class amenities, the project is set for completion in 2027.

Dubai, UAE

2025

Flow Residences

Flow Residences marks the second landmark development by Main Realty in Dubai — a visionary project inspired by the elegance of a five-star cruise ship, reimagined for modern living. With only 50 exclusive residences and 16 world-class amenities, Flow Residences captures the essence of Dubai's luxury lifestyle, offering a seamless blend of waterfront serenity, architectural excellence, and elevated comfort.

Dubai, UAE



LIVE BY CRUISE SHIP

Exclusive Collection



EMBRACE THE NATURE PREMIUM LIFESTYLE

Inspired by the Sea

Experience shaped by the serenity of the sea and the elegance of elevated design. Every detail is crafted for those who seek refined living, surrounded by panoramic views, calming breezes, and the timeless rhythm of the ocean.





CRUISE AWAY FROM SOUTH BEACH TO THE
GOLF COURSE – WELCOME TO FLOW RESIDENCES,
WHERE MIAMI SOUL MEETS DUBAI SHINE.

Sail from Sophistication

Experience a life of effortless elegance and natural rhythm,
where every moment moves with grace and purpose—just
like the ocean. Unfold with calm, clarity, and a sense of
boundless freedom.



Featured
BRANDS



BOSCH

KOHLER.



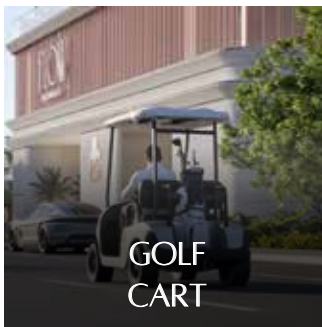
Disclaimer: All brand names, product references, or equivalent materials mentioned in this specification are included for quality and performance benchmarking purposes only. Main Realty reserves the right to substitute specified brands with products of equal or superior quality and value, subject to availability and design intent.

A woman with blonde hair and sunglasses is relaxing in a brown woven hammock. The hammock is strung between a large palm tree trunk and another point off-camera. The background features a tropical beach with turquoise water, distant green hills, and a large white cruise ship on the horizon. The sky is a mix of blue and soft purple/pink hues. A semi-transparent blue vertical bar is on the right side of the image.

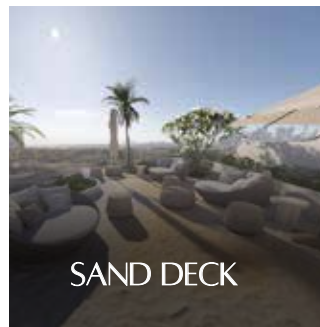
YOUR SLICE OF PARADISE
JUST A *Step* AWAY.

16 WORLD-CLASS Amenities

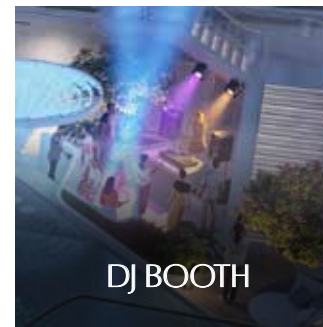
Experience a lifestyle defined by excellence where world-class amenities surround you with comfort, convenience, and luxury at every turn. From serene leisure spaces to state-of-the-art facilities, every detail is designed to elevate your everyday.



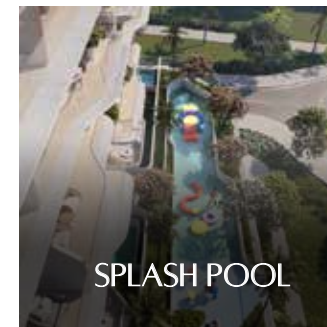
GOLF
CART



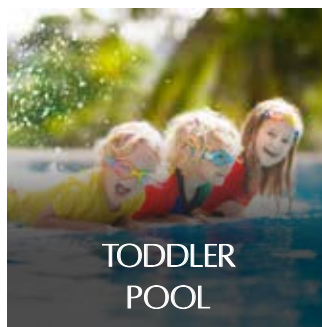
SAND DECK



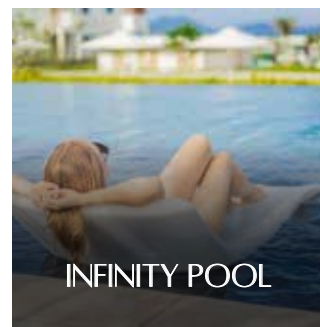
DJ BOOTH



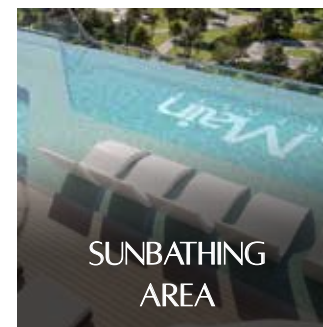
SPLASH POOL



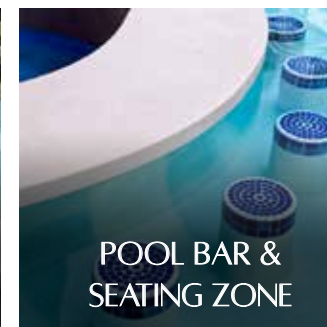
TODDLER
POOL



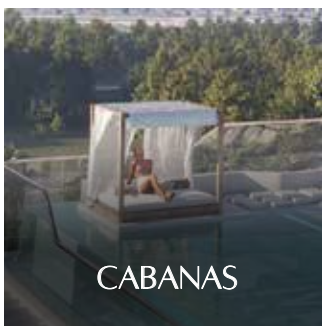
INFINITY POOL



SUNBATHING
AREA



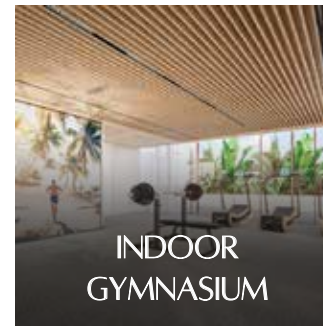
POOL BAR &
SEATING ZONE



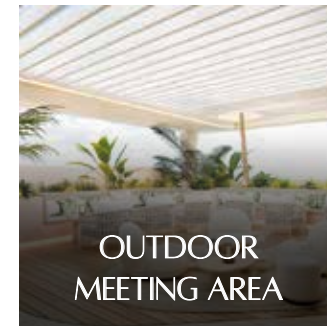
CABANAS



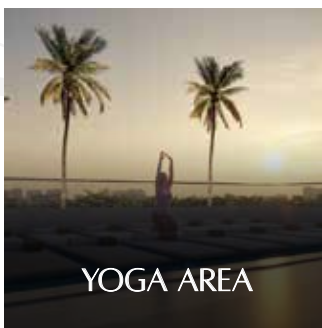
OUTDOOR
PLAYGROUND



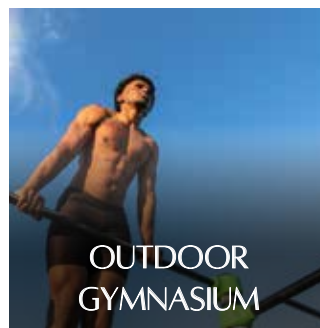
INDOOR
GYMNASIUM



OUTDOOR
MEETING AREA



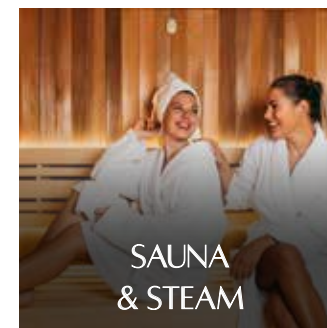
YOGA AREA



OUTDOOR
GYMNASIUM



BBQ AREA



SAUNA
& STEAM





YOUR *Peaceful* ESCAPE
BEGINS AT THE EDGE
OF *Infinity*.

FEEL THE SOUL OF MIAMI, RIGHT HERE IN DUBAI.

We bring the heat, rhythm, and soul of Miami to the heart of Dubai—where every corner pulses with vibrant energy, coastal luxury, and a lifestyle that never sleeps. Get ready to live bold, live bright, and feel the Miami vibe in every moment.





DAY CLUB



NIGHT CLUB



SAND DECK





FITNESS THAT MATCHES
YOUR *Lifestyle.*



A JOYFUL *Space* FOR
YOUNG MINDS AND
BIG *Dreams.*





Reception & Lobby

A stylish Reception & Lobby that blends coastal cool with glamorous elegance, offering a bold first impression of luxury and lifestyle.



ROOFTOP AMENITIES

2ND TO 6TH FLOOR

- 2 BR - T1 (101, 201, 301, 401, 501, 601)
- 1 BR - T1 (209, 309, 409, 509)
- 1 BR - T1 (208, 308, 408, 508)
- 1 BR - T3 (207, 307, 407, 507)
- 1 BR - T2 (206, 306, 406, 506)

1ST FLOOR | AMENITIES

- 2 BR - T1 (102)
- 1 BR - T1 (101)

TOWNHOUSES

- 3 BR. Duplex (Park View)
- 3 BR. Duplex (Park View)
- 3 BR. Duplex (Park View)

GROUND FLOOR

1ST TO 6TH FLOOR

- 2 BR - T1 (102, 202, 302, 402, 502, 602)
- 2 BR - T2 (103, 204, 303, 403, 503)
- 1 BR - T4 (104, 204, 304, 404, 604)
- 2 BR - T3 (105, 205, 305, 405, 505)
- 1 BR - T5 (603)

PODIUM
57 Parking

FRONT

MID-FRONT

MIDDLE

MID-BACK

BACK

POOL

Building
CONFIGURATION

GROUND FLOOR

Lobby, Receiving Area, Elevators, Guard Room, Telephone Room, Mep, CCTV Room and Garbage Room

1ST FLOOR AMENITIES

BBQ Area, Kid's Playground, Splash Pool, Kid's Pool, Outdoor Gym, Outdoor Meeting and Private Garden

APARTMENTS

G - Podium | 3 Bedroom Townhouses
1F | 1, 2, 3 Bedrooms Apartment
1F - 6F | 1 to 2 Bedrooms Apartment

ROOFTOP AMENITIES

Sunbathing Area, Water Lounges, Cabana, Infinity Pool, Pool Bar, Dj Booth, Bar's/ Seating Zone, Shift for Pod, Outdoor Meeting Yoga Area, Garden and Sandy Outdoor Seating

INTERIOR *Design*

A seamless fusion of Miami's relaxed, modern elegance with Dubai's bold, luxurious flair. Every detail is curated to reflect a lifestyle of effortless sophistication and standout style.

Disclaimer: All design, features, amenities, materials, dimensions, and layout drawings are approximate and subject to change without prior notice. The actual area of the Unit may vary from the stated area; drawings are not to scale. The developer reserves the right to make revisions to comply with any Applicable Law or the requirements of any Relevant Authority. For exact sizes please refer to the Unit Purchase Agreement.





Living Room

Meticulously crafted finishes create a serene atmosphere that mirrors the comfort and luxury of a 5-star cruise retreat.



Island Kitchen

A culinary space that inspires—thoughtfully designed with elegant surfaces, premium appliances, and timeless style.

A woman with long brown hair, wearing a dark blue sleeveless dress and large circular earrings, stands on a beach at sunset. She is holding up a large, flowing blue fabric that catches the light. The sun is low on the horizon, creating a warm, golden glow over the ocean waves. The sky is a mix of soft pinks and blues.

WAKE UP WITH THE *rhythm* OF THE *sea*
WHERE EVERY MORNING MOVES WITH THE OCEAN

A modern, minimalist bedroom interior. The room features a large bed with a light-colored headboard and a textured, woven fabric wall behind it. The bed is dressed in a light-colored duvet and a dark green throw blanket. A large, curved window with sheer curtains provides a view of the outdoors. A small, round, light-colored rug is placed under the bed. A modern, curved wooden desk and a small stool are visible on the left. The ceiling has a recessed light strip, and a pendant light hangs over the bed. The overall aesthetic is clean, bright, and sophisticated.

Bedroom

Wake up in luxury every day—this bedroom, with its soft textures and refined details, is your private escape to serenity.



Bathroom

Nature-inspired design meets modern elegance in this bathroom, where earthy tones and luxurious finishes create a soothing, spa-like atmosphere.





3 BEDROOM *townhouses*









Project NAVIGATION

To ensure seamless project navigation
and ease of interaction, please scan
the following code.





800 (MAIN)
info@mainrealty.com
mainrealty.com